

Holistic Yoga Teacher Training

200 Hr, 500 Hr & Therapeutic Yoga Certifications
Atlanta Programs Begins Fall of 2013



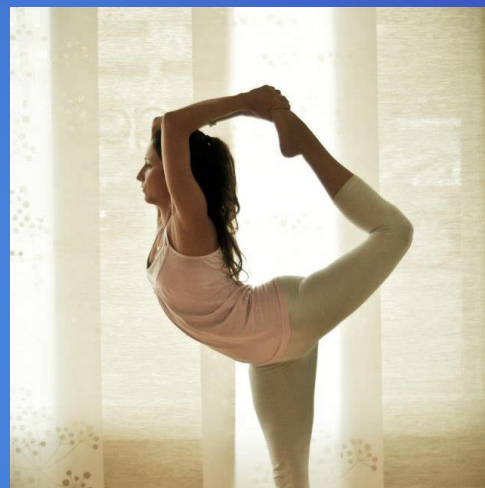
Anatomy of Yoga

Chrys Kub, E-RYT 500
Physical & Yoga Therapist
September 6-8, 2013



Raw Yoga

Detox Yoga & Nutrition
Melanie Snyder RYT-500
October 4-5, 2013



Yoga: A New Perspective

with Isabelle Casey
500 Hour Certified
November 1-3, 2013

Instructors & Immersions Include:

Chrys Kub E-RYT500, Yoga Therapy, Restorative Yoga, Yoga As Medicine

Hollace Stephenson E-RYT 500, Anatomy, Para Yoga, Art of Teaching & Assisting

Joe Barnett E-RYT 500, Yin & Acro Yoga

Carol Krucoff E-RYT 500, Yoga for Seniors

Johnna Smith E-RYT 500, Ashtanga

Sierra Hollister, E-RYT 500 Kundalini Pranayama, Chakras & Energetic Anatomy

Katie Silcox, E-RYT500 Yoga & Ayurveda

Marcy Baverman Ph.D Sanskrit Instructor
& Many More!

200 HR Cost ~\$2,125 - \$2,500

500 HR Cost ~\$3,000 - \$3,200

Therapeutic Cost ~\$3,500 - \$3,700

Program is on-going! Start anytime and select the weekends of interest to complete as your schedule allows! Pay by the wknd & take up to 3 years to finish!

Yoga Club, RYS, IAYT Teacher Training Programs



Our programs are uniquely designed to provide you the depth and breadth of knowledge necessary to teach many styles of yoga, or create your own unique style. Our programs are on-going, providing you flexibility as you choose the weekends of interest to complete your educational requirements within 6 months to 3 years.

Our 200 hour program provides you the skills necessary to teach yoga, no matter which style you choose to teach. We'll show you how to implement skills to deepen your practice, teach a variety of styles of asana, and develop a keen eye to help students properly grow their practice.

Our 500 Hour & Therapeutic programs are designed to deepen this knowledge base allowing you to further your skills as a yoga instructor. By allowing you to select from among a variety of immersions, this program also allows you flexibility to tailor your training towards your specific advanced education desires.